

GET THRASHED

THE STORY OF THRASH METAL



SYNOPSIS

The GET THRASHED journey begins in the early 80s, where Metallica and several other bands laid the groundwork for what would become a lasting impression on the face of heavy metal music. These bands helped ignite local scenes in Los Angeles, the Bay area of California and New York City, which helped fuel a worldwide thrash metal movement. By the dawn of the 1990's, thrash bands had gone from playing backyard barbeque parties to headlining arenas and Metallica were on their way to becoming one of the biggest metal acts of all time. But as legions of headbanging, stage diving and moshing metalheads were flocking to see their favorite bands, the tides had begun to change. In the early 1990's, an evolving musical landscape sent thrash spiraling back into the underground. Some bands broke up, some artists returned to their day jobs and some passed away. While the music lived on, the scene was forever changed.

Get Thrashed traces the rise, fall and impact of thrash metal; from its early years, through its influence on grunge, nu metal and today's heavy metal scene. It is the story of the heaviest, hardest music of the 80s and early 90s as told by the bands that lived it, the fans and bands that grew up on it and by the artists that carry the "thrash metal" flag today. The documentary throws new light on an overlooked, yet incredible music scene and how it went from a simple rumbling in the underground to a loud, obnoxious roar in the (almost) mainstream.

GET THRASHED

THE STORY OF THRASH METAL



www.GetThrashed.com

TALENT

The show features interviews with members of Metallica, Megadeth, Slayer, Anthrax, Exodus, Godsmack, Hatebreed, Testament, Overkill, Death Angel, Shadows Fall, Meshuggah, In Flames, Dark Angel, Strapping Young Lad, Stone Sour, Superjoint Ritual, Lamb of God, Vio-lence, Kreator, Sodom, Destruction, Nuclear Assault, Chimaira, Biohazard, Chris Jericho, Sepultura, Kittie, The Haunted, DRI, Soilwork, Killswitch Engage, Heathen, Hiram Ginn, Brian Slagel, Jon & Marsha Zazula, author Ian Christe (Sound of the Beast), author Steven Blush (American Hardcore), TV/Radio personality Eddie Trunk and Rampage Radio's Ron Quintana.

Featuring the music of Metallica, Megadeth, Slayer, Anthrax, Exodus, Kreator, Suicidal Tendencies, Ulysses Siren, Warning SF and Pantera.

Introducing the music of Osmium, Concrete Coffin, Steve Cone, Exit To Eternity, The Fall, Kaos, Kronin, Nocturnal Fear, Response Negative, Viscid, and Urto.

GET THRASHED

THE STORY OF THRASH METAL



www.GetThrashed.com

BIOGRAPHIES

The Director /Producer/Editor:

Rick Ernst has been a freelance and staff producer for MTV Networks for the past 10+ years. He has produced and written hundreds of shows including Headbangers Ball, 120 Minutes, MTV Cribs, 25 Loud (w/ Jimmy Kimmel & Jack Black), Beachbrawl (with Fear Factory and stars of WCW), VH1 All Access, launched MTV-U's first ever Spring Break and more. Currently, Rick is a Supervising Producer at MTV2 and runs his own production company, Saigon1515 Productions.

The Associate Producer/Graphic Designer/Editor:

Rat Skates is a music personality known around the world for being one of the few, true leaders of the Thrash Metal movement. His drumming, composing, and relentless motivation broke new ground in the early 80's when he formed "Overkill". He has since devoted his creative efforts to filmmaking and writing. His latest project, "Born in the Basement", (scheduled for release in December 2006) is an uninhibited journey back through the "pivot point of 1980" music and culture that molded the thrash mindset. He also owns and operates Kundrat Productions, a post-production/recording studio that has produced a wide variety of projects from corporate advertising to the performing arts. www.Ratskates.com is currently under development.

GET THRASHED

THE STORY OF THRASH METAL



www.GetThrashed.com

DIRECTOR STATEMENT

As a teenager growing up on Long Island in the 1980's, I spent most of my time listening to heavy metal. Bands like Judas Priest, Iron Maiden, Black Sabbath and others introduced me to a world of long hair and leather jackets. Then along came thrash metal, which was heavy metal taken to the next level. When I first heard it, I was repulsed. The music was SO FAST, the lyrics were unintelligible and the stuff you *could* make out was downright frightening. Bands like Metallica, Slayer, Overkill and Exodus were singing about Satan, death, destruction, nuclear war, killing and mayhem. Their live shows, filled with headbanging, stage diving and mosh pits also added to the danger and allure of the music. Like so many other kids from the suburbs who grew up on Sabbath, Priest and Maiden, I fell in love with this angry, aggressive and 'ugly' music known as thrash metal. Why? That's the question Get Thrashed sets out to answer. For me, it was important to document this incredible scene to show others who missed out and to highlight thrash metal's influence on grunge, death metal and many other new forms of music. For thrash fans, it's hard to put into words what the music means to us. I hope Get Thrashed provides the words, the sounds and the pictures to explain to the world how we all feel.

GET THRASHED

THE STORY OF THRASH METAL



www.GetThrashed.com

IN ORDER OF APPEARANCE

COREY TAYLOR / SLIPKNOT
GENE HOGLAN / DARK ANGEL
DAVE MUSTAINE / MEGADETH
SEAN KILLIAN / VIO-LENCE
GARY HOLT / EXODUS
ZETRO SOUZA / EX - EXODUS
TOM HUNTING / EX - EXODUS
KIRK HAMMETT / METALLICA
JIM LaMARCA / CHIMAIRA
ROB ARNOLD / CHIMAIRA
FRANK BELLO / ANTHRAX
BLITZ / OVERKILL
SULLY ERNA / GODSMACK
CHRIS JERICHO / FOZZY
KERRY KING / SLAYER

TOM ARAYA / SLAYER
RAT SKATES / EX OVERKILL
BOBBY GUSTAFSON / EX OVERKILL
DAN LILKER / NUCLEAR ASSAULT
EDDIE TRUNK / RADIO/TV PERSONALITY
DJ WILL / KNAC
LARS ULRICH / METALLICA
TODD GORDON / TORRID RECORDS
SODOM
RICH BIENSTOCK / GUITAR WORLD MAGAZINE
IAN CHRISTE / SOUND OF THE BEAST
SCOTT IAN / ANTHRAX
BRIAN SLAGEL / METAL BLADE RECORDS
MARTEN HAGSTROM / MESHUGGAH
PHIL ANSELMO / PANTERA
RON QUINTANA / RAMPAGE RADIO

LAMB OF GOD
DEATH ANGEL
KATON W. DEPENA / HIRX
HAROLD O / PHOTOGRAPHER
BRIAN FAIR / SHADOWS FALL
JASON BITNER / SHADOWS FALL
PAUL ROMANKO / SHADOWS FALL
MILLE PETROZZA / KREATOR
DANNY SHIPMAN / REALITY CHECK TV
THE ZAZULAS / EX MEGAFORCE RECORDS
STEVEN BLUSH / AMERICAN HARDCORE
ANDERS FRIDEN / IN FLAMES
OPIE / METAL DJ
ERIC PETERSON / TESTAMENT
CHUCKY BILLY / TESTAMENT
EVAN SEINFELD / BIOHAZARD

IN ORDER OF APPEARANCE (continued)

BILLY GRAZIADEI / BIOHAZARD

LEE ALTUS / HEATHEN

DAVID WHITE / HEATHEN

JED SIMON / STRAPPING YOUNG LAD

VISCID

MORGAN LANDER / KITTIE

CONCRETE COFFIN

THE OLD BRIDGE MILITIA

JAMEY JASTA / HATEBREED

KILLSWITCH ENGAGE

CHARLIE BENANTE / ANTHRAX

SPIKE CASSIDY / DRI

KURT BRECHT / DRI

SEPULTURA

DAVID ELLEFSON / EX MEGADETH

JOHN CONNELLY / NUCLEAR ASSAULT

SJORS / EX OCCULT

BJORN STRID / SOILWORK

MIKE SIFRINGER / DESTRUCTION

PER JENSEN / THE HAUNTED

MERCEDES LANDER / KITTIE

JENNIFER ARROYO / EX KITTIE